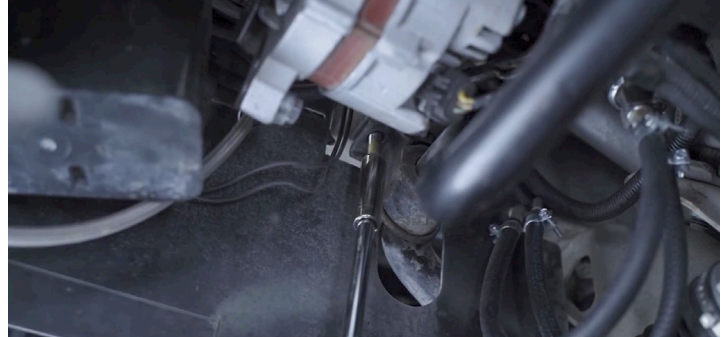


1. Start by lifting the vehicle via a lift or jacks and jack stands.
2. Locate each of the factory mounts.
3. Using a 13mm socket, remove each of the factory U bracket bolts on each side of the sway bar. The nut on the topside will be a 16mm.
4. Once these are removed, turn the old bracket to the 6 o'clock position to gain access to the mid-plate. Using a flat bladed screwdriver, separate the mid-plate from the U bracket.
5. Remove the factory U bracket from the bushing.
6. At this time take a look over your factory sway bar end links and inspect these to see if they need to be replaced.
7. If you do need to pull these off, check out our end link removal video.



**WATCH THE
VIDEO HERE!**

8. Slide the factory bushing down to the center of the bar to gain access to it.
9. Use a razor blade and cut the factory bushings off. Do this for each side.
10. Once everything is removed, start back with the reassembly process.
11. The new bushings have a split design. Take a dab of grease and lubricate the inside edge that will contact the sway bar.
12. Slip this bushing over the bar and then push on the new U bracket into place.

13. Once the U bracket is in position install the new mid-plate. This will line up to the U bracket and will only install one way.

14. Repeat these steps on the other side.

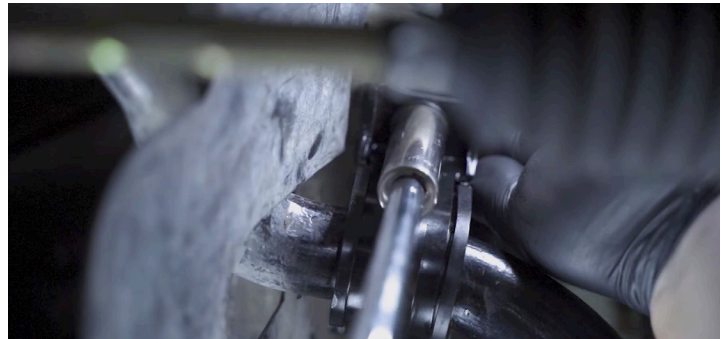
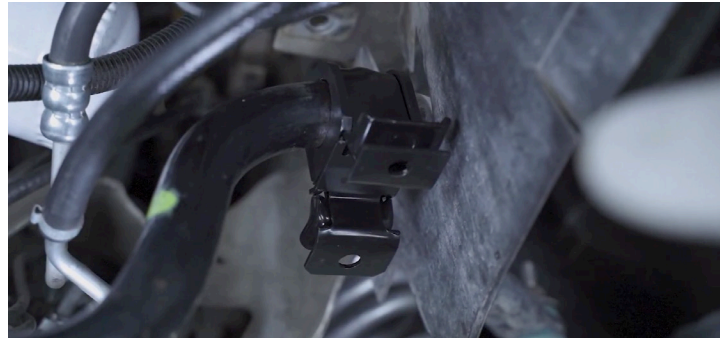
15. Using a jack slowly push up on the center of the sway bar to align the holes in the brackets to the chassis.

16. Insert the new nut plate on the topside of the factory mount.

17. Thread in the supplied 15mm bolts by hand to prevent cross-threading.

18. Snug each of these bolts evenly until fully tight.

19. Now check over your work.



**WATCH THE INSTALL
VIDEO HERE!**

An advertisement for 5.0 RESTO, featuring a dark blue Ford Mustang with the number 428 on the side. A mechanic is lying on the ground in front of the car, working on the front end. The text reads: "5.0 RESTO THE ONLY BRAND DEDICATED TO PRESERVATION & RESTORATION OF THE FOX BODY! ONLY @ LMR.COM".

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